#### Love and Respect

Wives, submit to your husband as to the Lord. For the husband is the head of the wife as Christ is the head of the church, His body, of which He is the Saviour. Now as the church submits to Christ, so also wives should submit to their husbands in everything

Ephesians 5 vs 22 - 24

Husbands, love your wives, just as Christ loved the church and gave Himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to Himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. In the same way, husbands ought to love their wives as their own bodies. After all, no one ever hated his own body, but he feeds and cares for it, just as Christ does the church

## Each one of you must love his wife as he loves himself and the wife must respect her husband

Ephesians 5 vs 33

Without Love

He Reacts The Crazy Cycle

She Reacts

Without Respect

# Then God said, "Let us make man (mankind) in our image, in our likeness

Genesis 1vs26

So God created man (mankind) in His own image in the image of God He created him; male and female He created them. Gen 1 vs 27

The Lord God took the man and put him in the garden of Eden to work it and take care of it

Gen 2 vs 15

The Lord God said, "It is not good for the man to be alone. I will make a helper suitable for him" Gen 2 vs 18

Wives, submit to your husband as to the Lord. For the husband is the head of the wife as Christ is the head of the church, His body, of which He is the Saviour. Now as the church submits to Christ, so also wives should submit to their husbands in everything

Ephesians 5 vs 22 - 24

#### Definitions

Submit - Give over, yield to power or authority of another. To defer to another.

Respect - Admire deeply, as a result of their position, abilities, qualities. Esteem, think highly of, appreciate, value, cherish

#### **Submit:**

Submission is a positive, deliberate, voluntary donation of all you have and are for the wellbeing of another

Joyce Huggett

#### **Submit:**

Eph 5 vs 21 - "Submit to one another"
Not just for women - it is a biblical principle

#### Not inferior/superior

"There is no difference, Jew or Greek, slave or free, male or female, for you are all one in Christ." (Gal 3 vs 28)

#### A woman's role is

### complementary and supplementary

#### Must be:

Voluntary and joyful
Whole-hearted
In God's strength
Unconditional
Active – not a doormat
Right attitude - respect

### It is more important to think TOGETHER

than to think ALIKE

# TRUST GOD - He is in control PRAY for our husbands KNOW OUR VALUE in Christ DO OUR PART - leave the rest in God's hands

DO - please

- show interest

- consult
- listen
- support
- meet needs

DON'T - nag

- irritate

- criticise

#### 1 Peter 3

Vs 6. Like Sarah, who obeyed Abraham and called him her lord. You are her daughters if you do what is right and do not give way to fear.

#### **EXCEPTIONS:**

- Abuse
- Ongoing unfaithfulness
- Addictions
- Mental Illness

#### -LOOK TO OURSELVES - It is more an attitude than action - what is in our hearts?

Husbands, love your wives, just as Christ loved the church and gave Himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to Himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. In the same way, husbands ought to love their wives as their own bodies. After all, no one ever hated his own body, but he feeds and cares for it, just as Christ does the church

**Ephesians 5: 25-29** 

## Jesus' leadership was characterised by loving servant leadership

### How did Christ love the church?

Jesus' love was sacrificial (He laid down His life for our good)

#### Worldly love: Feelings + attraction = love

Scripture defines love:
Decision of the will +
sacrificial/giving = love

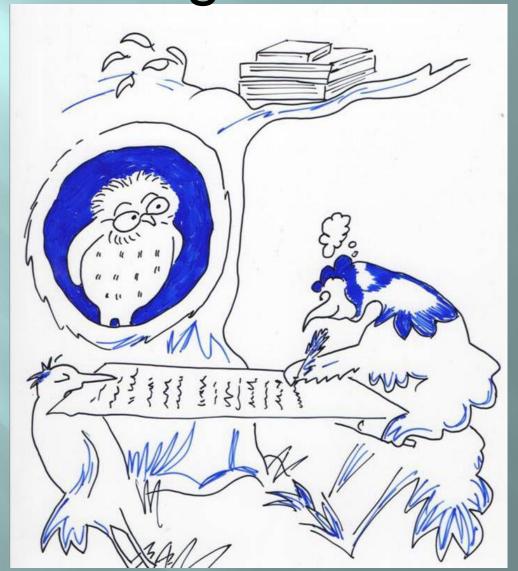
#### A Giving Love



# Christ loves the Church with a Perfecting love

= enabling

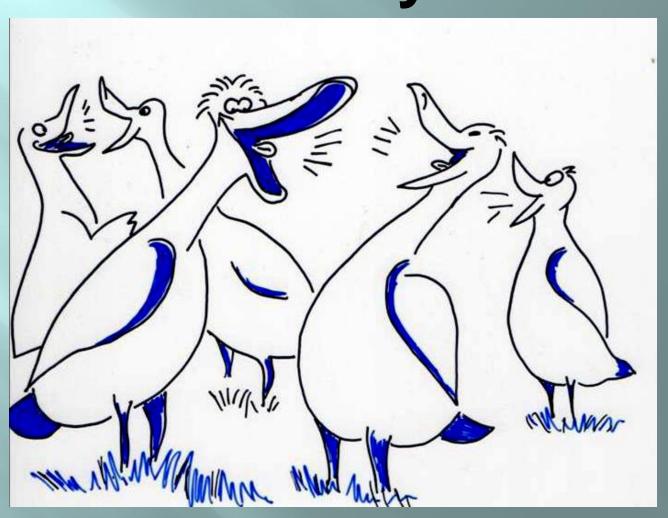
A perfecting love mentally



#### Physically



#### Socially



Spiritually





Not drunk on wine



but filled with the Spirit





Creativity



## Each one of you must love his wife as he loves himself and the wife must respect her husband

Ephesians 5 vs 33